



Registered Charity No: 1061753

Knit or crochet snugly blankets for our babies in Special Care/Neonatal Unit.

These are used by our Neonatal Team as part of a **Welcome Pack** given to new mums on arrival. The packs contains lots of things that help support and encourage new mums to look after their baby from day one and include 5 blankets. These blankets help brighten up the clinical space and allow the environment to feel more homely for all the family. These babies are often in for several weeks or months and the blankets are given to the families to take home.

Knitting Blanket Pattern - dimensions are 45cm sq/18 in sq

Any pattern can be used but it **must not** have any lace or holes as little fingers and toes can get caught.

BASIC BLANKET 200gm of Double Knit Wool and size 8 (UK) needles. Cast on 1 stitch Next row:- Make the one stitch into two stitches. Next row:- Knit 1, into the next stitch make another, 3 stitches on needle. Continue to knit, ALWAYS knit the first stitch and into the 2nd stitch make another. Only increase this way at the BEGINNING of a row. Continue until you have almost come to the end of the 100gm ball. Knit 1 row plain. Next row:- Knit 1, Knit 2 together, Knit to end of row. Continue this way, always knit the 1st stitch then decrease into the next stitch by knitting 2 together until 1 stitch remains. You should now have a neat square.

Bradford Hospitals' Charity is the official NHS Charity to Bradford Teaching Hospitals NHS Foundation Trust - Registered Charity No: 1061753

Bradford Hospitals' Charity Daisy Bank Duckworth Lane Bradford BD9 6RJ

Web: www.bradfordhospitalscharity.org

Tel: 01274 274809



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Crochet Blanket Pattern – dimensions are 22 to 24 in sq

Any pattern can be used but it **must not** have any lace or holes as little fingers and toes can get caught.

Materials – 170grams Double knit yarn and a 4 or 4.5mm crochet hook
Abbreviations used Ch or ch – chain; Dc or dc – double crochet; Tc or tc – treblecrochet
To crochet the basic blanket Foundation chain – Work 104 ch
Row 1 – 1 dc into 2nd ch from hook *1ch, miss 1ch, 1dc into next ch; rep from * to end of row. TURN
Row 2 – 1 ch, (this acts as the first dc), * 1 tr in next 1 ch space, 1 dc into next dc; rep to end (your row should end on a dc) TURN
Row 3 – 1 ch, 1 dc in first dc, * 1 ch, miss 1 tc, 1 dc into next dc; rep from * to end. TURN
Repeat Rows 2 and 3 until blanket is square. Ensure that you end on a Row 2 (this will be around 84 rows depending on your tension). If you are not edging your blanket fasten off yarn, weave in ends and block. If you are edging then no need to fasten off.

Once your items are finished, please contact Bradford Hospitals Charity on 01274 274809 to arrange to drop off or post to:

Bradford Hospitals Charity
Daisy Bank Room 011/032
Duckworth Lane
Bradford BD9 6RJ

Please include your contact details so we can let you know they have arrived safely.

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